



# District 53 Toastmasters Annual Conference 2024

*"Breaking Barriers"*

*The Heritage Conference Center, Southbury, CT*

*Saturday, May 11, 2024*

## Weekend Events

*All times are approximate*

### Friday, May 10, 2024

|               |  |
|---------------|--|
| 7:00pm-8:30pm | District Evaluation Contest<br><i>Optional Registration check-in</i> |
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### Saturday, May 11, 2024

| Time             | Event  |
|------------------|--|
| 7:00am           | Registration opens   |
| 8:00am           | First-Timers Session<br>Opening Session  |
| 8:30am           | Morning Keynote: <b>Sheryl Roush</b><br><b>"Heart of a Toastmaster: Breaking Barriers"</b>   |
| 9:30am           | <b>Educational Sessions #1</b><br><i>"Club Environment Lessons from Mother Nature"</i> - Armelde Pitre<br><i>"Connect to Others Through Your Journey Line"</i> - Chad Babcock<br><i>"Challenge Yourself with Pathways"</i> - Courtney Haedke & Jacquelyn Kingsley  |
| 10:30am          | <i>Networking Break</i>  |
| 11:00am          | <b>Educational Sessions #2</b><br><i>"The Passion Podcast Playbook: How to Craft, Launch &amp; Grow Your Dream Show"</i> - Philip Pape<br><i>"PLAY in Public Speaking: How to Infuse FUN into Your Talks"</i> - Mary Cheyne<br><i>"The AI Advantage: Transforming Marketing for Clubs, Personal &amp; Corporate Brands"</i> - Donna Peterson |
| 12:00pm          | Communication & Leadership Award<br>District 53 Hall of Fame Buffet Luncheon   |
| 1:30pm           | Afternoon Keynote Workshop: <b>Sheryl Roush</b><br><b>"Sparkle When You Speak! Breaking Barriers to Brilliant Communications"</b>  |
| 2:30pm           | District Officers Installation   |
| 3:00pm           | <i>Networking Break</i>  |
| 3:30pm           | International Speech Contest   |
| 5:00pm           | Closing Session  |
| 6:00pm - ~8:00pm | <b>After Conference Celebration (optional)</b><br><i>Informal gathering where attendees can Meet and Greet with keynote speaker Sheryl Roush, fellow District 53 members, and District Leadership. Cost is additional \$10. Light refreshments provided.</i>   |

*Sessions are chosen during the registration process. If you registered prior to the announcement of the sessions our registration manager, Norm Thibodeau, will be in contact with you to obtain your selections.*